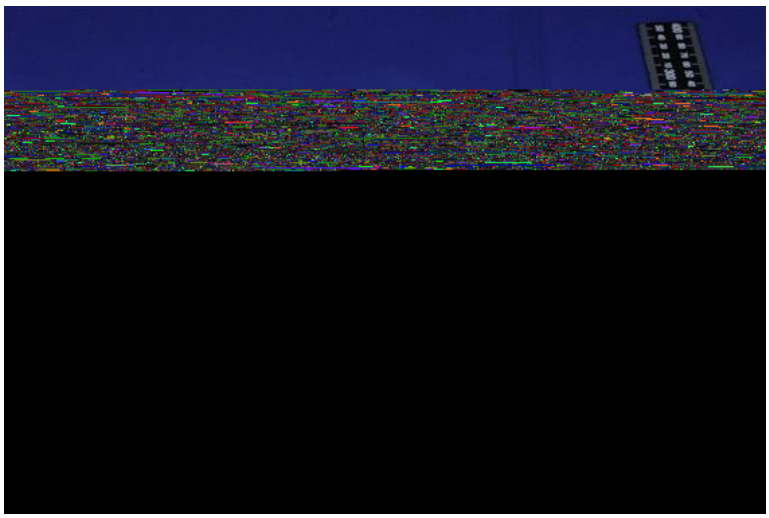梁康宁